**blanket** [ˋblæŋkɪt] v. 覆盖

**get a handle on**掌握; to understand and be able to deal with (something)

**upswing** [ˋʌp͵swɪŋ] n. 高涨；向上飙升；增加；进步

**lay** [le] v. 安排；拟定

**bare** [bɛr] adj. 光秃秃的

**high gear**高速檔

**seek** [sik] v. 追求

**hegemony** [hiˋdʒɛmənɪ] n. 霸权；领导权

**slugger** [ˋslʌgɚ] n.【口】打击力强的选手

**persevere** [͵pɝsəˋvɪr] v. 坚持不懈；不屈不挠

**jack** [dʒæk]v. *Baseball* to hit (a pitched ball) hard, especially for a home run

**take away**从（所读或所听中）学会或获得